

**Logan Twilight 5K Run/Walk
Logan, Iowa Saturday July 3rd, 2010
5PM Start**

About the Run/Walk:

Logan's Twilight Run/Walk will be held on the streets of Logan, Iowa as one of many 4th of July events in Logan. The Run/Walk will start in front of the Harrison County Courthouse. The same route will be used as 2009.

Entry Fee:

- Pre-register by June 30th, 2010 : \$20.00 non-refundable entry
- Late registration- \$25.00

T-shirts will be included for all participants. Those Pre-registered will be guaranteed a shirt the day of the race.

Awards:

First, second and third place medals will be awarded to the first three male and female finishers of the 5K run in 4 divisions.

Directions to Logan:

Logan is located in Harrison County on Highway 30. 10 miles north of Interstate 29 and Missouri Valley, Iowa.

Check In & Start Location:

Late registration and run/walk start/finish is located in front of the Harrison County Courthouse at Highway 30 & Highway 27 from 3PM till 4:30PM.

Other Events & Activities:

There will be food and a street dance featuring *.Fork in the Road.* with beer garden starting at 6PM in front of the fire station (for those 21 & older). There is also a carnival in the city park.

For more information please e-mail: speby@loganet.net, call Steve at 800-729-5082 or visit the Logan website at: www.loganiowa.com

**Mail the form below by June 30th, 2010 to: Logan Twilight 5K
P.O. Box 187
Logan, IA 51546**

Name _____ Age as of _____
7/1/10 _____ Gender _____
Address _____
City _____ State _____ Zip _____ Adult T-
shirt Sizes(circle one)
Phone _____ E-Mail _____ S M L XL

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive any and all rights and claims for damages I have against individuals associated with this event, their agents, representatives, sponsors, the city of Logan, IA, and their representatives, successors, for all and any injuries to me in this event. I attest and verify that I have full knowledge of the risks involved in this event and that I am physically fit and trained to participate. I also give permission to use my name and and picture in any broadcast, telecast, or news article.

Signature _____

Date _____

(Parent/guardian must sign if runner is under 18 yrs of age)

